

8-hour Pähni training rogaine 2021

Instructions

Event center is located in RMK Pähni Visitor Center - [link to Google maps!](#)

Information, registration and handing out race materials takes place in the event center at the secretariat tent.

Timetable

- 08:00 Start of race material handout (including rent SI-cards)
- 09:00 Map handout to the main classes
- 09:10 Short rogaine know-how
- 10:00 Start for the main classes
- 11:00 Map handout to the classes family, bike and orienteering hike
- 12:00 Start for the classes family, bike and orienteering hike
- 16:00 Control time ending for the family class
- 17:00 Control time ending for the bicycle class
- 18:00 Control time ending for the main class

Race materials

There are no bib-numbers used in the training rogaine. Everyone must visit the secretariat tent to check the SI-card number and receive the wristband for attaching the SI-card around the wrist. All SI-cards, including the rented SI-cards need to be cleared and checked when entering the starting area! Your result will be **disqualified** if the SI-card is not cleared before the start!

Attaching the SI-card to the wrist gives equal opportunities to all the competitors and also helps to ensure that the SI-card will not get lost during the race! Rented SI-cards must use a blue wristband and everyone using their own SI-card will receive a yellow wristband. It is suggested to over tape the wristband just in case.

[Starting list: LINK!](#)

In case of any changes/issues we kindly ask you to send an email: sekretariaat@seiklushunt.ee, including changes in the team mates. For urgent matters it is also possible to make changes at the secretariat tent in the event center.

Map

The scale is **1:25 000 (1 cm on the map equals 250 meters in nature)**, contour line 5 meters. Size of the map is 536x420 mm. Mapper is Markus Puusepp, the latest changes on the map are done in 2021. Base info: Estonian Land Board (Maaamet)

We ask all the competitors not to enter the forbidden areas - yard areas and private lands (olive green) and other forbidden areas (purple vertical hatching), to keep the equality in the competition and to keep good relationships with locals and land owners.

NB! In accordance with the rogaine map, the map does not show the runnability of the forest - white color is used for pine forest as well as for energy forests. Semi-open areas and semi-open young forests are mapped with white circles on yellow.

Course setter, Taavi Tatsi, comments:

Most of the terrain should be familiar for the ones who have participated in the Seiklushunt autumn rogaines in the last three years. The state forest in Pähni is a plateau with an old network of forest roads, which is generally not asking for too much of an orienteering skill. More towards Krabi village, smaller relief forms will be seen, forming into bigger relief forms in Paganamaa. This area is already more demanding regarding orienteering skills to find the way between hills, depressions and little swamps. Tsiamäe “boot” near Latvian border is a small new part of the terrain, which also demands good orienteering skills and therefore participants can find some control points with high points in that area. In the southwest of the competition terrain is located Borodino village, where the forest is more wild (less maintained) and has lots of contour lines.

There are 42 control points and 2 water points on the terrain. Distance between all the control points from the “bird’s eye view” is around 52 km.

The orienteering hike in Pähni rogaine (12 control points and 17.5 km from the “bird’s eye view”) is using RMK hiking route marked with white-green-white, visiting Pähni forest’s sound chambers as well as Paganamaa Piirioru area, where you can have a swim in the Liivajärv.

Forbidden areas and objects

- Yards, gardens, private lands etc which have no-entry signs and are marked with olive green. In addition gardens, private yards etc which are not marked on the map yet entering the area is not ethical nor allowed.
- Areas which are marked with purple vertical hatching on the map. In the terrain the areas are not marked.
- High walls, fences etc, which can harm yourself and could cause problems to the locals and/or owners.

Starting information

Handing out the race maps will take place under the starting arc at 9.00 for the main class and at 11.00 for family class, bicycle class and orienteering hike. Maps are rolled and placed on the ground. There is **one extra map** per team for planning. After receiving the maps, competitors can go somewhere nearby (for example to the car) the starting area to plan the

race, yet cannot proceed to the terrain. All competitors must enter the starting area not later than 10 minutes before the start. When entering the starting area, the organizers check that everyone has attached the SI-card to the wrist and that SI-card is cleared.

Scoring system

All classes have the same control points, 42 of them on the terrain. Control points values vary from two to six points. The value is shown by the control point number first digit (for example control point 23 has a value 2, control point 56 has a value 5 etc). If the team exceeds the control time, a penalty will be applied: up until 1 minute of being late equals deduction of 1 point, any additional late-minute will equal deduction of an extra point. If the team exceeds the control time by more than 30 minutes, the result will be disqualified.

Additional information

All participants must obey all the traffic rules during the competition and are responsible for the consequences in case of violation, including an accident. All participants are solely responsible for their well-being.

If any of the control points has been stolen or ruined, **organizers ask to be informed immediately**, contacting via phone number that is printed on the race map

There are 2 water points on the map, yet it is strongly recommended to bring your own water with you as well, as the weather forecast is predicting warm weather!

In the event center there is a possibility to leave your backpacks etc, as well as car keys.

GPS tracking: <https://sportrec.eu/ui/#1qfqq3g>

HoneyPower rogaine package

Order a rogaine package from [Honeypower website](#) and receive it with your race materials! When making the purchase, please choose “delivery at any Seiklushunt event” as a delivery option and we will add the products to your race materials! [LINK!](#) **10-hours energy package:** [LINK!](#)

After the competition

After finishing the race, please proceed to reading out the results. As most of the competitors are finishing around the same time, there can be a queue in reading out the results. Thank you for understanding!

All finishers will receive a bottle of **Värska Original water** and pilaf. **Please take your own plate and cutlery!**

It is possible to swim in the lake nearby!

Travel utensils, buffs, HoneyPower gels and energy bars are sold in the event center. Also there is a small selection of sports store Duncan.ee products.

Prize giving

There is no prize-giving in the training rogaine!

By making a registration and paying the entry fee, the participant is agrees

- ... with the instructions, [rogaine general guide](#) and conditions set by the organizer;
- ... that his/her personal data is used in accordance with Estonian laws and regulations;
- ... that the organizer will send information emails;
- ... that he/she is well trained and healthy to participate in the sport event.

Rights of the organizer

- The organizer has the right to make changes in the additional information that will be available at the beginning of the competition week.
- The organizer has the right to disqualify any participants who do not follow the instructions and regulations of the competition.
- The organizer has the right to use photos and videos taken during the event for its promotional use.
- If the event is cancelled due to conditions not caused by the organizer (Force Majeure), the participation fees will not be refunded.
- If a registered person is not present, the participation fee will not be refunded.

Questions which cannot be solved based on this guide will be resolved on an ongoing basis by the organizer.

Sponsors



